



Let's go WWOOFing because we like:



but not..

### interaction



Exchange, curiosity, fun, gratitude, harmony, solidarity, attention, well being...  
Natural agriculture, willing unpaid help, support, diversity, knowledge, home grown...

WWOOFER  
HOST

Exploitation, obligation, opportunism, indifference...  
Selfishness, gossip, laziness, criticism, taking advantage...

### projects



Meeting and hosting new people, sharing our daily life  
Being helpfully committed, contributing with pleasure, curiosity and responsibility

WWOOFER  
HOST

Free labour  
Work in exchange for food and lodging

### safety



Adhering rigorously to the Association's rules regarding tools,  
when in doubt seek advice  
Avoiding danger by using common sense, being careful

WWOOFER  
HOST

Only concerned about providing protection for working with dangerous tools  
Taking risks. Ignoring the rules of the Association

### organisation



Working out a mutual arrangement for daily tasks and timing  
Adapting to rhythms of the day, expressing with courtesy personal requirements

WWOOFER  
HOST

Strict working hours, always watching the clock  
No consideration for the host's routine

### good food



Sharing meal times with warmth and generosity  
Discovering and tasting different foods and new recipes

WWOOFER  
HOST

Cooking separately, everyone looking after themselves  
Expecting to eat as at home

### free time



Organising a perfect balance between activities and time off  
Using the opportunity of exchange to discover new places

WWOOFER  
HOST

Too busy to dedicate time to others  
Having a free holiday